

The Matworks Yoga Studio

AGREEMENT AND RELEASE AND WAIVER OF LIABILITY

I, _____ hereby agree to the following:
I am aware that participation in a sport or Yoga may result in accident or injury, and I assume the risk connected with the participation of Yoga. I am in good health and suffer from no physical impairment, which would limit my use of The Matworks Yoga Studio's facilities. I acknowledge that The Matworks Yoga Studio has not and will not render any medical services including medical diagnosis of my physical condition. I specifically agree that The Matworks Yoga Studio, its officers, employees and agents shall not be liable for any claim, demand, cause of action of any kind whatsoever for, or on account of death, personal injury, property damage or loss of any kind resulting from or related to my use of the facilities or participation in any sport, exercise or activity within or without the building premises and I agree to hold The Matworks Yoga Studio harmless from same.

I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions listed above.

Date: _____ Signature of Participant: _____

Witnessed by: _____

Guardian's signature if under age 18: _____